

Sign up for days of fun filled camp at fLipSpot

All camps include gym activity, snack and craft

233 Kay Industrial Drive
Orion Township, MI 48359
(248) 340-0910

admin@flipspotgym.com
www.flipspotgym.com



500 E Second Street
Rochester, MI 48307
(248) 841-1163

Download the fLipSpot
Mobile App

Camps require pre-registration & minimum of 3 participants (per camp).
Registration is open until noon on the Friday before camp starts;
otherwise late registration fees apply - \$5.00 per day.
Camps include gym activity, snack & craft.

Morning Camps/\$45 Per Day	Monday - Friday 8:30am-12:00pm
Afternoon Camps/\$45 Per Day	Monday - Thursday 12:30pm-4:00pm
Full Day Camp/\$90 Per Day	Monday - Thursday 8:30am-4:00pm

Full Day (Monday - Thursday) campers must bring a sack lunch.
Camp cancellations result in a credit on your fLipSpot account.
A 10% non-refundable fee applies to students dropping/cancelling/switching camp days.
No refunds will be issued.

New fLipSpot students must add the \$25.00 annual registration fee.

fLipSpot's 2023 Summer



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2023 Summer Camp Schedule

Orion

Rochester

JUNE	8:30am-12:00pm (M-F)	12:30pm-4:00pm (M-Th)	JUNE	8:30am-12:00pm (M-F)	12:30pm-4:00pm (M-Th)
6/12-6/16	Girls & Boys Gymnastics	Ninja	6/12-6/16	Trampoline & Tumble	Just Having Fun @ fLipSpot
6/19-6/23	Bars & Beam	Tumbling	6/19-6/23	Girls & Boys Gymnastics	Ninja
6/26-6/30	Ninja	Just Having Fun @ fLipSpot	6/26-6/30	Bars & Beam	Tumbling
JULY			JULY		
7/3-7/7	Closed for Independence Day Holiday (4th of July)		7/3-7/7	Closed for Independence Day Holiday (4th of July)	
7/10-7/14	Cheer	Ninja	7/10-7/14	Just Having Fun @ fLipSpot	Trampoline & Tumble
7/17-7/21	Trampoline & Tumble	Tumbling	7/17-7/21	Cheer	Ninja
7/24-7/28	Just Having Fun @ fLipSpot	Bars & Beam	7/24-7/28	Trampoline & Tumble	Tumbling
AUGUST			AUGUST		
7/31-8/4	Ninja	Girls & Boys Gymnastics	7/31-8/4	Just Having Fun @ fLipSpot	Bars & Beam
8/7-8/11	Tumbling	Trampoline & Tumble	8/7-8/11	Ninja	Girls & Boys Gymnastics
8/14-8/18	Just Having Fun @ fLipSpot	Ninja	8/14-8/18	Tumbling	Trampoline & Tumble
8/21-8/25	Ninja	Trampoline & Tumble	8/21-8/25	Just Having Fun @ fLipSpot	Ninja

Instructional/Tumbling

Girls & Boys Gymnastics Camp – These camps are designed for the recreational gymnast. Exposure to all apparatus and basic gymnastic techniques. Learn by building new skills while having fun. Ages 4+

Tumbling Camp – Campers have an opportunity to practice all tumbling skills using drills and techniques needed to master skills such as handstands, cartwheels, round offs, backbends, etc. **SKILLS REQUIRED** – Prior tumbling or gymnastics classes. Ages 5+

Bars & Beam Camp – A camp opportunity to spend extra event time on bars and beam. Tumbling skills and strengthening exercises included. Ages 4+

Cheer Camp – This camp provides an opportunity for training in all areas of cheer, including tumbling, jumps, motion drills and stunting. Creative fun is used to become stronger to master skills helping to achieve your personal best. Ages 5+

Recreational/Themed

Just Having Fun @ fLipSpot Camp– Using the gym Just for Fun – building forts and obstacle courses, playing games and relays, jumping on the trampoline. Creative ways to Have Fun @ fLipSpot. Ages 4+

Trampoline & Tumble Camp – For the recreational gymnast. Jump, jump and more jumping!! Trampoline, tumble track and tumbling. Jumping games, skills and safety are a focus. Ages 4+

Ninja Camp – This camp provides high levels of activity for the energetic child. Scaling, climbing, and jumping along with balance and strength techniques to stimulate innovative fun. Ages 4+